## What is claimed is:

1. A rocker arm capable of being rockingly driven by a cam for selectively opening and closing a valve mounted on a cylinder head of an internal combustion engine, which rocker arm comprises:

an arm body having first and second ends opposite to each other, the first end of the arm body having an internally threaded hole defined therein;

an adjustment screw which serves as a pivot member or a valve drive member, the adjustment screw being threaded into the internally threaded hole in the first end of the arm body with one end portion of the adjustment screw protruding outwardly from the first end of the rocker arm; and

the adjustment screw being fixed relative to the arm body by means of a structure selected from the group consisting of a first structure in which two nuts are threaded onto such one end portion of the adjustment screw in overlapping relation with each other, a second structure in which a flanged nut is threaded onto such one end portion of the adjustment screw, and a third structure in which a nut is threaded onto such one end portion of the adjustment screw with a washer intervening between such nut and the first end of the arm body.

- 2. The rocker arm as claimed in Claim 1, wherein where the first structure is employed to fix the adjustment screw relative to the arm body, one of the two nuts in contact with the first end of the arm body is a flanged nut.
- 3. The rocker arm as claimed in Claim 1, wherein the arm body is prepared from a single plate metal by means of a press work to represent a generally inverted U-sectioned configuration including a pair of opposite side walls and a connecting wall bridging between the opposite side walls.
- 4. The rocker arm as claimed in Claim 3, wherein the internally threaded hole is defined in a first end portion of the connecting wall of the arm body and wherein respective portions of mutually confronting inner surfaces of the opposite side walls are formed with helical partial threads therein in

continuity with an internally helically extending thread of the internally threaded hole for threadingly receiving the adjustment screw.

- 5. The rocker arm as claimed in Claim 1, wherein the adjustment screw includes a pivot piece provided at one end thereof and a valve abutment is defined at the second end of the arm body and a roller engageable with the cam is fitted to a portion generally intermediate of the arm body.
- 6. The rocker arm as claimed in Claim 1, wherein the adjustment screw has one end provided with a valve drive piece and wherein the arm body is supported at a generally intermediate portion thereof for rocking motion and a roller engageable with the cam is fitted to the second end of the arm body.